

**Sports Physical Packet Instructions: 7 pages plus Open Facilities
(PLEASE READ & COMPLETE)**

- Pg. 1: **(Middle School Consent):** filled out by parent completely at the top and student name, signature and date on bottom. ____ (check off)
- Pg. 2 **(Middle School Consent: back of page 1):** (Middle School Consent): Insurance info, parent name, signature, date. ____ (check off)
- Pg. 3 **(Middle School Athletic Consent-Pre-participation Physical Evaluation):**
To be filled out by PARENT/GUARDIAN and signed by student and parent, dated also. ____ (check off)
- Pg. 4 **(DR. PHYSICAL-back of page 3):** **Current physical must be stamped, signed & dated by licensed medical personnel and/or medical staff.** Must be done on this form or a licensed form from a doctor. Must say 'cleared without limitation.' ____ (check off)
- Pgs. 5/6 **Concussion, Heat Related Illness and Sudden Cardiac Arrest:** read, sign and date by student athlete and parent/guardian (back side.) ____ (check off)
- Pg. 7 **MEDICAL AUTHORIZATION FORM:** The parent/guardian must complete all information & sign AND have a person of legal age **witness** their signature on the "Medical Authorization Form"-two different signatures. This form is important as it relates to any medical concerns of the athlete along with insurance information. ____ (check off) *** Must be of the current 2022-2023 school year.
- Pgs 8/9 **(OPEN FACILITIES/SUMMER ATHLETIC PARTICIPATION):** Must be filled out and signed. This is for OPEN INTRAMURALS (playing sports out of season: clinics, after school intramurals) ____ (check off)-

Note: Concussion IMPACT computer 'testing' will be taken at home or on a student's own computer. We will send out info on Remind. This must be done prior to any tryout and expires every 365 days.

***This sheet must be turned in with the physical packet to Coach Haystead.* Sport tryout information and dates sent out via REMIND by texting @hrmssports to 81010**

Student Athlete's Name: _____

Today's Date: _____ Grade: _____ Birth Date: _____

Date of Completion of Concussion IMPACT test: _____

All forms must be completed in its entirety or they will be returned to the student/parent

Any questions, e-mail misty.haystead@osceolaschools.net

To play Osceola County Competitive Middle School Sports, what does my child need PRIOR to trying out for a sport:

- 1) Completed Middle School Athletic Sports Physical Packet (11 pages) with above checklist completed
- 2) Completion of IMPACT concussion baseline test at home or school – administered at home this year or at school if available.
- 3) Maintain proper grades (at least a 2.0 GPA and no F's or no more than 2 D's on recent report card.)
- 4) Attend Sport tryout. Note these are competitive teams making a team is not guaranteed.